HAVE YOU OR A CLOSE CONTACT TESTED POSITIVE FOR COVID-19?

While you wait for the university to reach out to you, please contact the Resident Director or Graduate Life Office Dean On Call.
Click on the QR code above to learn more on what you can do during this time.

UNDERGRADUATES:
Contact the Resident Director On Call 650.504.8022

GRADUATE OR PROFESSIONAL STUDENTS:
Contact the Graduate Life Office 650.723.7268 Pager ID #25085
Indicate that you need to reach the graduate dean-on-call.

If you need immediate medical advice, call Vaden Medical Services at 650.498.2336

Should I notify others I am positive?
Yes. If you are comfortable doing so, let others know about your positive test result as soon as possible. Identify and make a list of your high-risk close contacts.

- Think about who you came into contact with, starting 2 days before you received your positive COVID-19 test result or developed symptoms
- Vaden will try to reach out to all high-risk close contacts and provide customized information and support
- Other contacts you provide will receive a general notification

HIGH-RISK CLOSE CONTACT
You are considered a high-risk close contact if you have been indoors, unmasked and prolonged exposure (15 minutes, can be cumulative over time) to a positive case.

HIGH-RISK & fully vaccinated for COVID-19:
- You do not need quarantine housing at this time, but it is important to minimize your exposure to others
- Submit a Color COVID-19 test immediately
- Test again 3-5 days after your last exposure to the positive person
- Test again 8 days after your last exposure to the positive person
- First 3-5 days: get grab-and-go meals at the dining hall, do not go to class, contact your academic advisor to request academic support, avoid any unmasked contact with others, and maintain proper physical distancing
- After a negative 3-5 day test, you can resume classes and other activities
- If you develop symptoms at any point, submit a Color test immediately and follow the instructions for a symptomatic person

HIGH-RISK & NOT fully vaccinated for COVID-19:
- Contact Vaden Medical Services at 650.498.2336 to notify our health care professionals
- Rest in your room, keep away from others, and wear a face covering around roommates, apartment mates, and family
- Do not go to the dining hall, classes, and indoor gatherings
- Contact the Resident Director On Call or the Graduate Life Office 24/7 to discuss isolation housing and meal support
- Prepare to move to a temporary isolation space
- Not everyone is moved
- Submit a Color COVID-19 test immediately
- Test again 3-5 days after your last exposure to the positive person
- Test again 8 days after your last exposure to the positive person

IF YOU HAVE TESTED POSITIVE FOR COVID-19, please refrain from leaving your room and avoid contact with others.

Professional medical staff will be reaching out to you as soon as possible, generally between 8 a.m. and 9 p.m.

- If you tested in Color:
  Vaden Medical Services has been notified automatically and will be contacting you
- If you tested elsewhere:
  update Health Check, then contact Vaden Medical Services at 650.498.2336
- If you are a student athlete:
  the Sports Medicine team will contact you for further instruction

LOWER-RISK CLOSE CONTACT
A lower-risk close contact is someone who has been in contact with a positive COVID-19 case indoors or outdoors with face coverings, or outdoors without face coverings but distanced.

ALL LOWER-RISK CLOSE CONTACTS who receive an exposure notification, whether vaccinated or not should:
1. Submit a Color COVID-19 test immediately
2. Then follow your normal testing cadence

What if I have COVID-19 symptoms?

- Take a Color test immediately
- While waiting for your test results, call Vaden Medical Services at 650.498.2336 if you need immediate medical advice
- Keep away from others, and wear a face covering around roommates, apartment mates, and family members
- Do not go into the dining hall, classes, and indoor gatherings
- Rest in your room
- Request academic support if needed via your Undergraduate Advising Director or, for grad and professional students, your program’s student services staff person, faculty advisor, or director of grad studies
- Prepare to move to a temporary isolation space
- Not everyone is moved

If you need immediate medical advice, call Vaden Medical Services at 650.498.2336

studentaffairs.stanford.edu/have-you-or-close-contact-tested-positive