

Class of 2024 Newsletter #8: Coming to Campus!

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Mon 9/13/2021 5:32 PM

To: vpstudentaffairs <vpstudentaffairs@stanford.edu>



SEPTEMBER 13, 2021

Dear Class of 2024,

The wait is (almost) over! This week, move-in for the fall will be upon us. As the last installment of the rising sophomore newsletter, the following includes last-minute reminders for move-in and Sophomore Welcome, how to stay up-to-date with Sophomore Welcome programming going forward, and advice on how to make the most of your upcoming year on campus, including a letter from our ASSU vice president.

Going forward, please refer to our [Sophomore Welcome website](#) for information on orientation and community events for the sophomore class. There, you can find a [full list of scheduled programming](#), [move-in day logistics](#), and an [archive of all of the newsletters](#) you received this summer.

We've been anticipating your arrival, and can't wait to have you finally with us! Congratulations on starting your sophomore fall, and we wish you an amazing and fulfilling year ahead.

Event information

Please order your guest tickets for Convocation

Order your guest tickets [here!](#)

The ceremony inaugurates the year. In order to attend, **sophomores must pick up their nametags at the**

Cardinal Service Fair at

Wilbur Field (September 18,

noon - 2 p.m.). Students will not be admitted to the ceremony without this nametag.



Also, plan to attend your special Sophomore Welcome event on Sunday, September 19! Please check sophomores.stanford.edu for more information. We can't wait to see you!

Move-in Day

As a reminder, **Sophomore Move-in** will take place September 15-19. Details for booking a move-in appointment were emailed to students from R&DE Student Housing. If you have not yet signed up for a move-in appointment, please log into the [move-in portal](#) to do so.

Guests

Each student is allowed to have up to two guests assist them with move-in. All guests must adhere to [Stanford's Visitor Policy](#):

- All visitors coming to Stanford must meet at least one of two criteria: 1) Be fully vaccinated against COVID-19 or 2) receive a negative COVID-19 test within 72 hours prior to arrival onsite.



- All visitors need to complete the [Stanford Visitor: Daily COVID-19 Health Attestation](#). They will be asked to attest that they have screened themselves prior to arrival, do not have COVID-like symptoms, and are not in a restricted status requiring isolation or quarantine.
- All visitors are required to wear a [face covering](#) while indoors regardless of vaccination status. Guests may only be in the residence for the duration of the one-hour move-in appointment. After the move-in time has ended, guests should leave the residence to allow for other students and their guests to move-in safely, but are welcome to walk around campus.

Campus Parking for Move-in Day

Families may temporarily park cars for unloading near the student residences. After unloading, cars should be immediately relocated to the nearest residential parking garage. Download the [2021 Move-in Information Packet](#) and print the Arrival Day Parking Pass (located on page 2). Display it in your car for free parking in the residence parking garages on your move-in day.

All parking regulations will continue to be enforced. You must not park in front of fire hydrants, FDC pipes, or barricades, cones, caution tape, or other signage indicating that parking is not allowed. Citations may be issued to parked cars blocking these emergency access areas.

Checking-In

Upon arrival, please go directly to your Housing Service Center. If you are unsure which Housing Service Center to go to, please refer to [this website](#) for a full list of housing service centers and the dorms they serve.

Rising sophomores who did not receive their student ID last year should collect their ID from their Housing Service Center. If the ID is not there, then they will be given directions to visit the ID Card Office to collect their ID. **The ID Card Office is only open during business hours and not on weekends.** If you are unable to get your ID because it's the weekend, you will be provided with a key from the Housing Service Center to be able to access your residence until you can visit the ID Card Office. Additionally, to eat in the dining halls, you'll need to tell the staff person on duty your SUID to gain

access.

Be ready to show a government-issued photo ID such as a driver's license or passport to receive your room key at check-in. If you have already been issued an SUID card, be sure to bring that as well, as a new card will not be printed.

At check-in, you will take your first COVID-19 test with Color Genomics. In preparation, please [create your Color testing account](#) in advance using your Stanford email address (SUNetID@stanford.edu).

If you need after-hours assistance, please contact (650) 725-1602.

Entering your room

After checking in at your Housing Service Center, head over to your residence to move into your room. Scan your SUID card at the entrance of your residence for entry. (Remember to always carry your SUID card



with you when you leave your residence.) While a few dorms have elevators, most do not. Dorms typically have 2-3 floors. Be sure that you are able to carry the items that you pack. If you have large items, handtrucks may be available at your Housing Service Center to borrow.

For help navigating campus, download the [Stanford Mobile app](#) and use the “Map” feature to familiarize yourself. You can also search the location of your Housing Service Center and residence name using the [searchable campus map](#) or on this [map of campus residences](#).

Meals & Dining

Your meal plan will begin on your move-in day. Students can use their meal plan for breakfast, brunch, lunch, and dinner meals in any open dining hall. Visit our [dining hall locations and hours page](#) for more information. **Meal Plan Dollars** may be used at select R&DE Stanford Hospitality & Auxiliaries retail

locations or any R&DE Stanford Dining location, including all late-night operations. *Cardinal Dollars* may be used at all R&DE Stanford Dining and R&DE Stanford Hospitality & Auxiliaries retail locations.

Note: Students need a [Health Check](#) green badge to enter our dining halls. You'll need to test and retest regularly for COVID-19 with Color Genomics to get and keep a green badge, regardless of vaccination status. Students with red badges will be required to pick up to-go meals. You'll find more information, including the steps we're taking to keep our dining halls as safe as possible, on the [Residential & Dining Enterprises website](#).

A Message from ASSU Vice President Bikal Sharma

To my classmates:

For those of you who I have not had the pleasure of meeting and all others who I am ecstatic to soon see again, my name is Bikal Sharma and I am proud to call myself the Vice President of the extraordinary student body we have here at Stanford. However, I am even prouder to call myself one of you: a rising sophomore and a member of the class of 2024.

It's no secret that our cohort has overcome extraordinary challenges this past year. Beginning college during a global pandemic is no easy feat. Our frosh year was fraught with difficulties: new modes of learning, sleep schedules wrecked by time zones, and connection issues abound -- both in the coveted social aspects of college and when our internet decided to give out -- y'know, just because.

I commend and I congratulate every one of you for your exceptional resilience and remarkable perseverance through this past academic year. Your unwavering commitment to both furthering your education and building our community has inspired me beyond words. There is no group of people I would be luckier to have as my constituents, my classmates, and my friends.

As we begin a new era of our time at Stanford, I want to encourage you to fully lean into our community. Meet as many of your peers as you can, get out

of your comfort zone, and engage with the people and places that make Stanford so special. In these uncertain times, the task of rebuilding the spirit of Stanford's campus calls on all of us to be truly present and do our part. Take care of yourself, of each other, and of our wider campus community.

I also encourage you to connect with the student body leadership here on campus. You can find a list of your ASSU officials and our priorities at [this website](#). All of us, especially myself, are only one email away. We look forward to serving as your eyes, ears, and advocates this academic year.

The journey we are proceeding to undertake is a transformative experience - filled with unique challenges, triumphs, and adventures. I am thrilled to be taking it with each and every one of you. For now, I'll leave you with one of my favorite quotes from the acclaimed 2008 cinematic masterpiece *Kung Fu Panda*.

“Yesterday is history, tomorrow is a mystery, but today is a gift. That is why it is called the present.”

Yours truly,

Bikal Sharma
ASSU Executive Vice President
Stanford '24

Advice from Upperclass Students

The following is advice from upperclass students on how to make the most of your on-campus sophomore year!



- **Reach out for help.** We may have been socialized to believe that we have to figure out everything for ourselves and be self-sufficient, but that just isn't the case (nor it is possible). When you're struggling, no matter the reason, don't hesitate to lean into your community and into campus resources to get the support you need, whether it's academic, socio-emotional, advising help, financial aid resources, etc.
- **Try not to compare yourself to other people.** As your college experience becomes less insular, you may be pressured even more than before to compare yourself to your peers. Even though it's much easier said than done, try to be gentle with yourself and steer yourself away from that course of thought. You have your own unique and irreplaceable talents and abilities that no one else could even begin to replicate. Try not to sell yourself short, and cultivate a growth mindset when it comes to skills you'd like to learn.
- **It's okay if this year doesn't go perfectly.** There's a lot of social pressure for college to be the "best years of your life," but oftentimes that just isn't the case -- and who would want it to be? You will continue to expand, learn, and have fun beyond your time in undergrad. College is a huge transitional period where many people begin to learn how they want to navigate the world as adults. It's about learning and growing -- and that inevitably involves making mistakes, changing your mind, feeling uncertain, and more. It can be really challenging, and it's completely okay to feel lost at times. Sometimes, we need to go through and grow through certain challenges to get to the next step, even perceived "failures." And despite what you may have heard, your college years aren't going to irrevocably determine and set the stage for the rest of your life. Nothing is set in stone -- things are constantly flexible and changing, and you have the power to guide the direction of that change in ways that suit you and serve you best.
- **Make time for what matters to you, and take it one day at a time.** As the year amps up, try to get in touch with what you really need and meet your needs as best as you can. If you're having trouble focusing on studying, do you need a nap? A chat with a friend? A snack? Grant those things to yourself without judgement. Little practices like this can go a long way in "filling your cup" so you can give the most to your passions and aspirations. Your wellbeing is far more important than any assignment or project. This applies to reintegrating into social activities too -- it's okay to be overwhelmed and take things slowly.

