Trees Together, Mask Together

For more information: studentaffairs.stanford.edu/guidance-face-coverings
Trees Together, Mask Together

Wear a well-fitting, high-quality face covering indoors and whenever you are near others.

N95 respirators, KN95 masks and KF94 masks provide a higher level of filtration.

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Surgical masks and double-layered cloth face coverings remain acceptable though they do not provide the same level of protection

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Shield Yourself

Face coverings provides an extra level of protection from COVID-19 and helps keep our community safe

• Face covering should fit snugly against the sides of your face and does not have gaps around the nose and chin
• Face covering should completely cover the nose and mouth

N95 respirators, KN95 masks and KF94 masks provide the highest level of filtration

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Stay Grounded

Limit your exposure to others and remember to socialize with a mask at all times

- Get together with friends outdoors
- Avoid prolonged indoor unmasked exposure
- Limit private indoor residential gatherings

N95 respirators, KN95 masks and KF94 masks provide the highest level of filtration

For more information:
tinyurl.com/student-gatherings-and-parties
Branch Out

Find the support you need to be your best self during these uncertain times.

Learn more about what you may be going through and campus resources ready to support you:

- Mental Health Resources at Stanford
  tinyurl.com/stanfordmentalhealthresources

- Trees Together, Transition Together
  tinyurl.com/stanfordtransitionstogether

- Loneliness & Connection
  tinyurl.com/stanfordlonelinessconnection

It’s okay to not be okay. **You are not alone.**
Trees Mask Together
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